

# VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Renterghem Delphine HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 39: 100M BREASTSTROKE WOMEN 11-12        |           |           |                                                       |           | Heat:8, starttime: 14:45 |
|--------------------------------------------------------|-----------|-----------|-------------------------------------------------------|-----------|--------------------------|
| Heat: 8/10 Lane : 4 Athlete: VANDER HOOGERSTRAETE NORA |           |           |                                                       |           | Q-time: 01:26:39         |
| PB (25m pool): 01:26.39 EEKLO 04/10/2026               |           |           | PB (50m pool): 01:28.90 SB: 01:26.39 EEKLO 04/10/2026 |           |                          |
|                                                        | 2 5 M     | 5 0 M     | 7 5 M                                                 | 1 0 0 M   |                          |
| PB                                                     |           | 00:40.51  |                                                       | 01:26.39  |                          |
|                                                        | 00:40.51  |           | 00:45.88                                              |           |                          |
|                                                        | . . . . . | . . . . . | . . . . .                                             | . . . . . |                          |

Coach feedback:

| Event number: 40: 100M BREASTSTROKE MEN 11-12      |           |           |                                                                 |           | Heat:4, starttime: 14:58 |
|----------------------------------------------------|-----------|-----------|-----------------------------------------------------------------|-----------|--------------------------|
| Heat: 4/10 Lane : 1 Athlete: VERNIERS ROBIN        |           |           |                                                                 |           | Q-time: 01:36:19         |
| PB (25m pool): 01:35.67 Sint-Amandsberg 18/10/2026 |           |           | PB (50m pool): 01:40.38 SB: 01:35.67 Sint-Amandsberg 18/10/2026 |           |                          |
|                                                    | 2 5 M     | 5 0 M     | 7 5 M                                                           | 1 0 0 M   |                          |
| PB                                                 |           | 00:46.08  |                                                                 | 01:35.67  |                          |
|                                                    | 00:46.08  |           | 00:49.59                                                        |           |                          |
|                                                    | . . . . . | . . . . . | . . . . .                                                       | . . . . . |                          |

Coach feedback:

| Event number: 40: 100M BREASTSTROKE MEN 11-12       |           |           |                                                       |           | Heat:6, starttime: 15:02 |
|-----------------------------------------------------|-----------|-----------|-------------------------------------------------------|-----------|--------------------------|
| Heat: 6/10 Lane : 5 Athlete: VAN DEN BRANDEN CAMIEL |           |           |                                                       |           | Q-time: 01:31:07         |
| PB (25m pool): 01:31.07 EEKLO 04/10/2026            |           |           | PB (50m pool): 01:36.88 SB: 01:31.07 EEKLO 04/10/2026 |           |                          |
|                                                     | 2 5 M     | 5 0 M     | 7 5 M                                                 | 1 0 0 M   |                          |
| PB                                                  |           | 00:42.79  |                                                       | 01:31.07  |                          |
|                                                     | 00:42.79  |           | 00:48.28                                              |           |                          |
|                                                     | . . . . . | . . . . . | . . . . .                                             | . . . . . |                          |

Coach feedback:

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| Event number: 40: 100M BREASTSTROKE MEN 11-12 |          |          |          |          | Heat:7, starttime: 15:04                              |
|-----------------------------------------------|----------|----------|----------|----------|-------------------------------------------------------|
| Heat: 7/10 Lane : 5 Athlete: WANNEYN LOUIS    |          |          |          |          | Q-time: 01:29:99                                      |
| PB (25m pool): 01:29.99 EEKLO 04/10/2026      |          |          |          |          | PB (50m pool): 01:37.61 SB: 01:29.99 EEKLO 04/10/2026 |
|                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                                       |
| PB                                            |          | 00:42.87 |          | 01:29.99 |                                                       |
|                                               | 00:42.87 |          | 00:47.12 |          |                                                       |
|                                               | .....    | .....    | .....    | .....    |                                                       |

Coach feedback:

| Event number: 40: 100M BREASTSTROKE MEN 11-12 |          |          |          |          | Heat:8, starttime: 15:06            |
|-----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 8/10 Lane : 1 Athlete: TEIRLINCK TIGO   |          |          |          |          | Q-time: 01:28:13                    |
| PB (25m pool): 01:34.02 Temse 17/11/2025      |          |          |          |          | PB (50m pool): 01:28.13 SB: no time |
|                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                            |          | 00:44.72 |          | 01:34.02 |                                     |
|                                               | 00:44.72 |          | 00:49.30 |          |                                     |
|                                               | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 40: 100M BREASTSTROKE MEN 11-12 |          |          |          |          | Heat:10, starttime: 15:10           |
|-----------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 10/10 Lane : 4 Athlete: DE VREESE SEPPE |          |          |          |          | Q-time: 01:18:92                    |
| PB (25m pool): 01:24.26 Temse 17/11/2025      |          |          |          |          | PB (50m pool): 01:18.92 SB: no time |
|                                               | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                            |          | 00:40.36 |          | 01:24.26 |                                     |
|                                               | 00:40.36 |          | 00:43.90 |          |                                     |
|                                               | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

| Event number: 41: 100M BREASTSTROKE WOMEN 15-16 |          |          |          |          | Heat:5, starttime: 15:20            |
|-------------------------------------------------|----------|----------|----------|----------|-------------------------------------|
| Heat: 5/5 Lane : 8 Athlete: DE RUIJTER ELISE    |          |          |          |          | Q-time: 01:19:66                    |
| PB (25m pool): 01:19.66 Eeklo 21/04/2025        |          |          |          |          | PB (50m pool): 01:23.29 SB: no time |
|                                                 | 2 5 M    | 5 0 M    | 7 5 M    | 1 0 0 M  |                                     |
| PB                                              |          | 00:37.33 |          | 01:19.66 |                                     |
|                                                 | 00:37.33 |          | 00:42.33 |          |                                     |
|                                                 | .....    | .....    | .....    | .....    |                                     |

Coach feedback:

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| Event number: 43: 200M FREESTYLE WOMEN 13-14         |           |           |           |                                     |           |           | Heat:2, starttime: 15:33 |           |
|------------------------------------------------------|-----------|-----------|-----------|-------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 2/5    Lane : 3    Athlete: VANHAECKE JULIETTE |           |           |           |                                     |           |           | Q-time: 02:23:17         |           |
| PB (25m pool): 02:25.39    TEMSE 23/11/2025          |           |           |           | PB (50m pool): 02:23.17 SB: no time |           |           |                          |           |
|                                                      | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                               | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                   |           | 00:33.60  |           | 01:10.78                            |           | 01:48.05  |                          | 02:25.39  |
|                                                      | 00:33.60  |           | 00:37.18  |                                     | 00:37.27  |           | 00:37.34                 |           |
|                                                      | . . . . . | . . . . . | . . . . . | . . . . .                           | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 43: 200M FREESTYLE WOMEN 13-14     |           |           |           |                                                             |           |           | Heat:5, starttime: 15:41 |           |
|--------------------------------------------------|-----------|-----------|-----------|-------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 5/5    Lane : 8    Athlete: WAIGNEIN ROSIE |           |           |           |                                                             |           |           | Q-time: 02:17:59         |           |
| PB (25m pool): 02:17.59    EEKLO    04/10/2026   |           |           |           | PB (50m pool): 02:24.87 SB: 02:17.59    EEKLO    04/10/2026 |           |           |                          |           |
|                                                  | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                       | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                               |           | 00:32.29  |           | 01:07.97                                                    |           | no time   |                          | 02:17.59  |
|                                                  | 00:32.29  |           | 00:35.68  |                                                             |           |           |                          |           |
|                                                  | . . . . . | . . . . . | . . . . . | . . . . .                                                   | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 44: 200M FREESTYLE MEN 13-14               |           |           |           |                                                                      |           |           | Heat:3, starttime: 15:51 |           |
|----------------------------------------------------------|-----------|-----------|-----------|----------------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 3/6    Lane : 1    Athlete: BOGAERTS SANDER        |           |           |           |                                                                      |           |           | Q-time: 02:20:12         |           |
| PB (25m pool): 02:17.25    Sint-Amandsberg    18/10/2026 |           |           |           | PB (50m pool): 02:21.76SB: 02:17.25    Sint-Amandsberg    18/10/2026 |           |           |                          |           |
|                                                          | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                                | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                       |           | 00:31.51  |           | 01:06.59                                                             |           | 01:42.14  |                          | 02:17.25  |
|                                                          | 00:31.51  |           | 00:35.08  |                                                                      | 00:35.55  |           | 00:35.11                 |           |
|                                                          | . . . . . | . . . . . | . . . . . | . . . . .                                                            | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 44: 200M FREESTYLE MEN 13-14               |           |           |           |                                                                      |           |           | Heat:3, starttime: 15:51 |           |
|----------------------------------------------------------|-----------|-----------|-----------|----------------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 3/6    Lane : 2    Athlete: VANHULLE WILLEM        |           |           |           |                                                                      |           |           | Q-time: 02:19:80         |           |
| PB (25m pool): 02:14.87    Sint-Amandsberg    18/10/2026 |           |           |           | PB (50m pool): 02:23.39SB: 02:14.87    Sint-Amandsberg    18/10/2026 |           |           |                          |           |
|                                                          | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                                | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                       |           | 00:31.39  |           | 01:05.87                                                             |           | 01:41.43  |                          | 02:14.87  |
|                                                          | 00:31.39  |           | 00:34.48  |                                                                      | 00:35.56  |           | 00:33.44                 |           |
|                                                          | . . . . . | . . . . . | . . . . . | . . . . .                                                            | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

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| Event number: 44: 200M FREESTYLE MEN 13-14      |           |           |           |                                                            |           |           | Heat:3, starttime: 15:51 |           |
|-------------------------------------------------|-----------|-----------|-----------|------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 3/6    Lane : 8    Athlete: TURPIJN JULES |           |           |           |                                                            |           |           | Q-time: 02:21:08         |           |
| PB (25m pool): 02:21.08    EEKLO    04/10/2026  |           |           |           | PB (50m pool): 02:28.01SB: 02:21.08    EEKLO    04/10/2026 |           |           |                          |           |
|                                                 | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                      | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                              |           | 00:33.31  |           | 01:10.16                                                   |           | no time   |                          | 02:21.08  |
|                                                 | 00:33.31  |           | 00:36.85  |                                                            |           |           |                          |           |
|                                                 | . . . . . | . . . . . | . . . . . | . . . . .                                                  | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 44: 200M FREESTYLE MEN 13-14         |           |           |           |                                     |           |           | Heat:4, starttime: 15:53 |           |
|----------------------------------------------------|-----------|-----------|-----------|-------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 4/6    Lane : 2    Athlete: HINDRYCKX MAURO  |           |           |           |                                     |           |           | Q-time: 02:17:59         |           |
| PB (25m pool): 02:40.00    Dendermonde. 22/11/2025 |           |           |           | PB (50m pool): 02:17.59 SB: no time |           |           |                          |           |
|                                                    | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                               | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                                 |           | 00:34.63  |           | 01:14.20                            |           | no time   |                          | 02:40.00  |
|                                                    | 00:34.63  |           | 00:39.57  |                                     |           |           |                          |           |
|                                                    | . . . . . | . . . . . | . . . . . | . . . . .                           | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 45: 100M BACKSTROKE WOMEN 11-12                 |           |  |           |  |                                                                       |  |           |  |  | Heat:10, starttime: 16:23 |  |
|---------------------------------------------------------------|-----------|--|-----------|--|-----------------------------------------------------------------------|--|-----------|--|--|---------------------------|--|
| Heat: 10/10    Lane : 5    Athlete: VANDER HOOGERSTRAETE NORA |           |  |           |  |                                                                       |  |           |  |  | Q-time: 01:11:67          |  |
| PB (25m pool): 01:13.87    Sint-Amandsberg    18/10/2026      |           |  |           |  | PB (50m pool): 01:11.67 SB: 01:13.87    Sint-Amandsberg    18/10/2026 |  |           |  |  |                           |  |
|                                                               | 2 5 M     |  | 5 0 M     |  | 7 5 M                                                                 |  | 1 0 0 M   |  |  |                           |  |
| PB                                                            |           |  | 00:35.20  |  |                                                                       |  | 01:13.87  |  |  |                           |  |
|                                                               |           |  | 00:35.20  |  |                                                                       |  | 00:38.67  |  |  |                           |  |
|                                                               | . . . . . |  | . . . . . |  | . . . . .                                                             |  | . . . . . |  |  |                           |  |

Coach feedback:

| Event number: 46: 100M BACKSTROKE MEN 11-12       |           |           |           |                                                            |  |  | Heat:3, starttime: 16:31 |  |
|---------------------------------------------------|-----------|-----------|-----------|------------------------------------------------------------|--|--|--------------------------|--|
| Heat: 3/10    Lane : 4    Athlete: VERNIERS ROBIN |           |           |           |                                                            |  |  | Q-time: 01:22:84         |  |
| PB (25m pool): 01:22.84    EEKLO    04/10/2026    |           |           |           | PB (50m pool): 01:27.83SB: 01:22.84    EEKLO    04/10/2026 |  |  |                          |  |
|                                                   | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0 M                                                    |  |  |                          |  |
| PB                                                |           | 00:40.46  |           | 01:22.84                                                   |  |  |                          |  |
|                                                   | 00:40.46  |           | 00:42.38  |                                                            |  |  |                          |  |
|                                                   | . . . . . | . . . . . | . . . . . | . . . . .                                                  |  |  |                          |  |

Coach feedback:

# VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: MEGA

| Event number: 46: 100M BACKSTROKE MEN 11-12         |          |          |                                                       |          | Heat:7, starttime: 16:40 |
|-----------------------------------------------------|----------|----------|-------------------------------------------------------|----------|--------------------------|
| Heat: 7/10 Lane : 2 Athlete: VAN DEN BRANDEN CAMIEL |          |          |                                                       |          | Q-time: 01:18:59         |
| PB (25m pool): 01:18.59 EEKLO 04/10/2026            |          |          | PB (50m pool): 01:19.08 SB: 01:18.59 EEKLO 04/10/2026 |          |                          |
|                                                     | 2 5 M    | 5 0 M    | 7 5 M                                                 | 1 0 0 M  |                          |
| PB                                                  |          | 00:38.22 |                                                       | 01:18.59 |                          |
|                                                     | 00:38.22 |          | 00:40.37                                              |          |                          |
|                                                     | .....    | .....    | .....                                                 | .....    |                          |

Coach feedback:

| Event number: 46: 100M BACKSTROKE MEN 11-12 |          |          |                                                       |          | Heat:9, starttime: 16:45 |
|---------------------------------------------|----------|----------|-------------------------------------------------------|----------|--------------------------|
| Heat: 9/10 Lane : 4 Athlete: WANNEYN LOUIS  |          |          |                                                       |          | Q-time: 01:13:22         |
| PB (25m pool): 01:13.22 EEKLO 04/10/2026    |          |          | PB (50m pool): 01:16.10 SB: 01:13.22 EEKLO 04/10/2026 |          |                          |
|                                             | 2 5 M    | 5 0 M    | 7 5 M                                                 | 1 0 0 M  |                          |
| PB                                          |          | 00:35.58 |                                                       | 01:13.22 |                          |
|                                             | 00:35.58 |          | 00:37.64                                              |          |                          |
|                                             | .....    | .....    | .....                                                 | .....    |                          |

Coach feedback:

| Event number: 46: 100M BACKSTROKE MEN 11-12  |          |          |                                     |          | Heat:10, starttime: 16:47 |
|----------------------------------------------|----------|----------|-------------------------------------|----------|---------------------------|
| Heat: 10/10 Lane : 3 Athlete: TEIRLINCK TIGO |          |          |                                     |          | Q-time: 01:11:43          |
| PB (25m pool): 01:18.10 Temse 17/11/2025     |          |          | PB (50m pool): 01:11.43 SB: no time |          |                           |
|                                              | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  |                           |
| PB                                           |          | 00:38.06 |                                     | 01:18.10 |                           |
|                                              | 00:38.06 |          | 00:40.04                            |          |                           |
|                                              | .....    | .....    | .....                               | .....    |                           |

Coach feedback:

| Event number: 46: 100M BACKSTROKE MEN 11-12   |          |          |                                     |          | Heat:10, starttime: 16:47 |
|-----------------------------------------------|----------|----------|-------------------------------------|----------|---------------------------|
| Heat: 10/10 Lane : 8 Athlete: DE VREESE SEPPE |          |          |                                     |          | Q-time: 01:12:99          |
| PB (25m pool): 01:17.25 Temse 17/11/2025      |          |          | PB (50m pool): 01:12.99 SB: no time |          |                           |
|                                               | 2 5 M    | 5 0 M    | 7 5 M                               | 1 0 0 M  |                           |
| PB                                            |          | 00:38.20 |                                     | 01:17.25 |                           |
|                                               | 00:38.20 |          | 00:39.05                            |          |                           |
|                                               | .....    | .....    | .....                               | .....    |                           |

Coach feedback:

VJK KB Diksmuide 26: Session: 4: COACH evaluation sheet for TEAM: MEGA

| Event number: 47: 200M BACKSTROKE WOMEN 15-16  |           |           |           |                                                              |           |           | Heat:3, starttime: 16:56 |           |
|------------------------------------------------|-----------|-----------|-----------|--------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 3/4    Lane : 4    Athlete: SCHRAM MILA  |           |           |           |                                                              |           |           | Q-time: 02:25:17         |           |
| PB (25m pool): 02:25.17    TEMSE    23/11/2025 |           |           |           | PB (50m pool): 02:30.27 SB: 02:27.77    Aachen    11/10/2026 |           |           |                          |           |
|                                                | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                        | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                             |           | 00:34.20  |           | 01:10.82                                                     |           | 01:47.46  |                          | 02:25.17  |
|                                                | 00:34.20  |           | 00:36.62  |                                                              | 00:36.64  |           | 00:37.71                 |           |
|                                                | . . . . . | . . . . . | . . . . . | . . . . .                                                    | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 48: 200M BACKSTROKE MEN 15-16      |           |           |           |                                                                 |           |           | Heat:3, starttime: 17:11 |           |
|--------------------------------------------------|-----------|-----------|-----------|-----------------------------------------------------------------|-----------|-----------|--------------------------|-----------|
| Heat: 3/4 Lane : 5 Athlete: DE DECKER TIBE       |           |           |           |                                                                 |           |           | Q-time: 02:16:31         |           |
| PB (25m pool): 02:16.31 LAGO Zwevegem 25/05/2026 |           |           |           | PB (50m pool): 02:24.17 SB: 02:21.36 Sint-Amandsberg 18/10/2026 |           |           |                          |           |
|                                                  | 2 5 M     | 5 0 M     | 7 5 M     | 1 0 0                                                           | 1 2 5     | 1 5 0     | 1 7 5                    | 2 0 0 M   |
| PB                                               |           | 00:31.43  |           | 01:07.19                                                        |           | 01:42.91  |                          | 02:16.31  |
|                                                  | 00:31.43  |           | 00:35.76  |                                                                 | 00:35.72  |           | 00:33.40                 |           |
|                                                  | . . . . . | . . . . . | . . . . . | . . . . .                                                       | . . . . . | . . . . . | . . . . .                | . . . . . |

Coach feedback:

| Event number: 49: 50M BUTTERFLY WOMEN 13-14          |           |  |           |                                                             |  |  | Heat:3, starttime: 17:19 |  |  |  |
|------------------------------------------------------|-----------|--|-----------|-------------------------------------------------------------|--|--|--------------------------|--|--|--|
| Heat: 3/4    Lane : 8    Athlete: VANHAECKE JULIETTE |           |  |           |                                                             |  |  | Q-time: 00:32:26         |  |  |  |
| PB (25m pool): 00:32.26    EEKLO    04/10/2026       |           |  |           | PB (50m pool): 00:33.47 SB: 00:32.26    EEKLO    04/10/2026 |  |  |                          |  |  |  |
|                                                      | 2 5 M     |  | 5 0 M     |                                                             |  |  |                          |  |  |  |
| PB                                                   |           |  | 00:32.26  |                                                             |  |  |                          |  |  |  |
|                                                      | 00:32.26  |  |           |                                                             |  |  |                          |  |  |  |
|                                                      | . . . . . |  | . . . . . |                                                             |  |  |                          |  |  |  |

Coach feedback:

| Event number: 49: 50M BUTTERFLY WOMEN 13-14           |           |  |           |                                                             |  |  | Heat:4, starttime: 17:20 |  |  |  |
|-------------------------------------------------------|-----------|--|-----------|-------------------------------------------------------------|--|--|--------------------------|--|--|--|
| Heat: 4/4    Lane : 1    Athlete: BLANCQUAERT CAMILLE |           |  |           |                                                             |  |  | Q-time: 00:31:12         |  |  |  |
| PB (25m pool): 00:31.12    EEKLO    04/10/2026        |           |  |           | PB (50m pool): 00:31.24 SB: 00:31.12    EEKLO    04/10/2026 |  |  |                          |  |  |  |
|                                                       | 2 5 M     |  | 5 0 M     |                                                             |  |  |                          |  |  |  |
| PB                                                    |           |  | 00:31.12  |                                                             |  |  |                          |  |  |  |
|                                                       | 00:31.12  |  |           |                                                             |  |  |                          |  |  |  |
|                                                       | . . . . . |  | . . . . . |                                                             |  |  |                          |  |  |  |

Coach feedback:

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| Event number: 49: 50M BUTTERFLY WOMEN 13-14    |           |           | Heat:4, starttime: 17:20                              |
|------------------------------------------------|-----------|-----------|-------------------------------------------------------|
| Heat: 4/4 Lane : 3 Athlete: VAN DER PLAS LOTTE |           |           | Q-time: 00:30:23                                      |
| PB (25m pool): 00:30.23 EEKLO 04/10/2026       |           |           | PB (50m pool): 00:31.79 SB: 00:30.23 EEKLO 04/10/2026 |
|                                                | 2 5 M     | 5 0 M     |                                                       |
| PB                                             |           | 00:30.23  |                                                       |
|                                                | 00:30.23  |           |                                                       |
|                                                | . . . . . | . . . . . |                                                       |

Coach feedback:

| Event number: 50: 50M BUTTERFLY MEN 13-14          |           |           | Heat:1, starttime: 17:22                                        |
|----------------------------------------------------|-----------|-----------|-----------------------------------------------------------------|
| Heat: 1/3 Lane : 5 Athlete: VANHULLE WILLEM        |           |           | Q-time: 00:31:74                                                |
| PB (25m pool): 00:30.36 Sint-Amandsberg 18/10/2026 |           |           | PB (50m pool): 00:31.83 SB: 00:30.36 Sint-Amandsberg 18/10/2026 |
|                                                    | 2 5 M     | 5 0 M     |                                                                 |
| PB                                                 |           | 00:30.36  |                                                                 |
|                                                    | 00:30.36  |           |                                                                 |
|                                                    | . . . . . | . . . . . |                                                                 |

Coach feedback: